

# Supplement Facts

Serving Size: 1 level scoop (30g)

Serving Per Container: 31

Amount per Serving:

Amount per Serving:

Calories 120

Calories from Fat 20

	% of Daily Value
<b>Total Fat</b> 2g	3%*
<b>Saturated Fat</b> 1g	5%*
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 111mg	37%*
<b>Sodium</b> 130mg	5%*
<b>Potassium</b> 300mg	9%*
<b>Total Carbohydrate</b> 15g	5%*
<b>Dietary Fiber</b> 2g	8%*
<b>Sugar</b> 13g	
<b>Protein</b> 10g	
<b>Vitamin A</b> 2500 IU (as Vitamin Palmitate)	100%
<b>Vitamin C</b> 60 mg (as Ascorbic Acid)	100%
<b>Vitamin D</b> 800 IU	200%
<b>Vitamin E</b> 30 IU (as Vitamin E Acetate)	100%
<b>Thiamine</b> 1.5mg (as Thiamine Mononitrate)	100%
<b>Riboflavin</b> 1.7mg	100%
<b>Niacin</b> 20mg (as Niacinamide)	100%

	% of Daily Value
<b>Vitamin B6</b> 2mg (as Pyridoxine HCL)	100%
<b>Folic Acid</b> 400mcg	100%
<b>Vitamin B12</b> 6mcg (as Cyanocobalamin)	100%
<b>Biotin</b> 300mcg	100%
<b>Pantothenic Acid</b> 10mg (as Calcium Pantothenate)	100%
<b>Calcium</b> 30 mg	3%
<b>Iron</b> 0g	0%
<b>Phosphorus</b> 70mg	7%
<b>Iodine</b> 45 mcg (as Potassium Iodide)	30%
<b>Magnesium</b> 12mg (as Magnesium Oxide, Magnesium Phosphate)	3%
<b>Zinc</b> 5 mg (as Zinc Oxide)	30%
<b>Copper</b> 0.6mg (as Copper Gluconate)	30%
<b>Manganese</b> 0.6mg (as Manganese Sulfate)	30%
<b>Chromium</b> 36mcg (as Chromium Amino Acid Chelate)	30%
<b>Selenium</b> 100mcg	140%

\* Percent Daily Values are based on a 2000-calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2000	2500
<b>Total Fat</b>	Less than	65g	80g
<b>Sat. Fat</b>	Less than	20g	25g
<b>Cholestrol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2400mg	2400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g
<b>Calories per gram:</b>			
<b>Fat</b>	9	<b>Carbohydrates</b>	4
		<b>Protein</b>	4

**Other Ingredients:** Protein Blend of (IgY Max™ Hyperimmune Egg Powder with Immune Components, Soy Protein Isolate, and Whey Protein Isolate), Fructose, Sugar, Oat Fiber, Natural Flavor, Potassium Citrate, Sodium Citrate, Soy Lecithin, Cellulose Gum Contains: Milk, Egg, & Soy.