

Supplement Facts

Serving Size: 1 level scoop (38g)

Serving Per Container: 31

Amount per Serving:

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Calories 150

Calories from Fat 20

	% of Daily Value
Total Fat 2g	3%*
Saturated Fat 1g	5%*
Trans Fat 0g	
Cholesterol 111mg	37%*
Sodium 130mg	5%*
Potassium 300mg	9%*
Total Carbohydrate 24g	8%*
Dietary Fiber 2g	8%*
Sugar 18g	
Protein 10g	
Vitamin A 2500 IU (as Vitamin Palmitate)	100%
Vitamin C 60 mg (as Ascorbic Acid)	100%
Vitamin D 800 IU	200%
Vitamin E 30 IU (as Vitamin E Acetate)	100%
Thiamine 1.5mg (as Thiamine Mononitrate)	100%
Riboflavin 1.7mg	100%
Niacin 20mg (as Niacinamide)	100%

	% of Daily Value
Vitamin B6 2mg (as Pyridoxine HCL)	100%
Folic Acid 400mcg	100%
Vitamin B12 6mcg (as Cyanocobalamin)	100%
Biotin 300mcg	100%
Pantothenic Acid 10mg (as Calcium Pantothenate)	100%
Calcium 30 mg	3%
Iron 0g	0%
Phosphorus 70mg	7%
Iodine 45 mcg (as Potassium Iodide)	30%
Magnesium 12mg (as Magnesium Oxide, Magnesium Phosphate)	3%
Zinc 5 mg (as Zinc Oxide)	30%
Copper 0.6mg (as Copper Gluconate)	30%
Manganese 0.6mg (as Manganese Sulfate)	30%
Chromium 36mcg (as Chromium Amino Acid Chelate)	30%
Selenium 100mcg	140%

* Percent Daily Values are based on a 2000-calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2000	2500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholestrol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrates	4
		Protein	4

Other Ingredients: Protein Blend of (IgY Max™ Hyperimmune Egg Powder with Immune Components, Soy Protein Isolate, and Whey Protein Isolate), Fructose, Sugar, Dutch Process Cocoa, Oat Fiber, Natural Flavor, Potassium Citrate, Sodium Citrate, Soy Lecithin, Cellulose Gum
Contains: Milk, Egg, & Soy