

SUGGESTED USE: As a dietary supplement for adults: Take 3 capsules once daily, or as directed by your healthcare professional. **KEEP LID TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE.**

Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 30

	Amount per Serving	%DV*
Vitamin D3 (as cholecalciferol)	740 IU	185%
Vitamin K2 (menaquinone-7) (mk-7)	113 mcg	141%
Calcium (as calcium carbonate)	375 mg	38%
Magnesium (as magnesium oxide)	225 mg	56%
Joint Rebuild Complex		
Glucosamine HCl	375 mg	*
Methylsulfonylmethane (MSM)	75 mg	*
Chicken Collagen Type II	28 mg	*
Hyaluronic Acid	15 mg	*
Joint Relief Complex		
Turmeric Root (<i>Curcuma longa rhizome</i>) (standardized to 95% [114 mg] curcumin)	120 mg	*
Olive Leaf Extract (<i>Olea europaea</i>) (standardized to 12% [22.6 mg] oleuropein)	188 mg	*
Hops (<i>Humulus lupulus</i>) (standardized to ≤4.5% [6.8 mg] xanthohumol)	150 mg	*
Boswellia (<i>Boswellia serrata gum</i>) (standardized to 26% [29 mg] boswellic acid)	113 mg	*
YGY Trace & Ultra-Trace Mineral Blend	75 mg	*
Silicon (as Bamboo extract [<i>Bambusa vulgaris</i>])	1.5 mg	*
Boron (as amino acid chelate)	750 mcg	*

* Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable cellulose, silica, microcrystalline cellulose, magnesium stearate (vegetable).

WARNING: If you are pregnant, nursing, or taking any medications, consult your healthcare professional before using this or any other product. **KEEP OUT OF REACH OF CHILDREN.**