

# Supplement Facts

**Serving Size: 4 capsules**

**Servings Per Container: 30**

	Amount per Serving	% DV
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin B1 (as thiamine HCl)	50 mg	3333%
Vitamin B2 (as riboflavin)	50 mg	2941%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Pantothenic Acid (as d-pantothenate)	1000 mg	10000%
Calcium (as calcium carbonate)	400 mg	40%
Magnesium (as magnesium oxide)	100 mg	25%
Adrenal Substance	200 mg	**
Valerian Root Extract (0.8%)	200 mg	**
Vegetable Cellulose MST	32 mg	**

\*\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin capsule (gelatin and water).