

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Calories from Fat	2	
Total Carbohydrate	0.2 g	< 1%
Protein	0.1 g	< 1%
Calcium (from Aquamin Seaweed and Di-Calcium Phosphate)	500 mg	50%
Iodine (from Potassium Iodide)	500 mcg	333%
Sodium	5 mg	< 1%
Proprietary Ocean Blend (Aquamin Seaweed, Chlorella, Bladderwrack Extract, Spirulina, Sodium Alginate, Irish Moss, Kelp, Alaria, Dulse, Laver, Nori, Sea Cucumber, Sea Lettuce, Wakame and Coenzyme Q-10)	1.228 g	*

* Daily Value not established.

OTHER INGREDIENTS: Vegetable Stearine, Microcrystalline Cellulose, Modified Cellulose Gum, Vegetable Stearate and Silica.