

Supplement Facts

Serving Size: 13.9 g / 2 scoops

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	30	2%
Total Carbohydrate	7 g	2%
Sugars	1 g	†
Vitamin A (as palmitate, beta carotene)	7,500 IU	150%
Vitamin C (as ascorbic acid)	1,000 mg	1667%
Vitamin D-3 (as cholecalciferol)	750 IU	187%
Vitamin E (as α -tocopherol acetate)	200 IU	667%
Vitamin K (as menatetrenone)	30 mcg	38%
Thiamin (Vitamin B-1)(as thiamine mononitrate)	30 mg	2000%
Riboflavin (Vitamin B-2)	30 mg	1765%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (as pyridoxine HCl)	30 mg	1500%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	500 mcg	8333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium pantothenate)	150 mg	1500%
Calcium (as gluconate, citrate)	50 mg	5%
Iron (as gluconate)	1 mg	6%
Magnesium (as gluconate, oxide)	20 mg	5%

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Zinc (as gluconate)	2 mg	13%
Selenium (as selenomethione)	100 mcg	143%
Copper (as gluconate)	1 mg	50%
Chromium (as chromium amino acid chelate)	200 mcg	167%
Potassium (as gluconate, citrate)	100 mg	3%
Fruit and Vegetable Powder	500 mg	†
Plant Derived Mineral Powder	300 mg	†
Glucosamine Sulfate HCl	125 mg	†
MSM (methylsulfonylmethane)	100 mg	†
Amino Acid Complex	125 mg	†
Alanine, arginine, aspartic acid, cystine, glutamic acid, glycine, histidine, isoleucine, leucine, lysine, methionine, phenylalanine, proline, serine, threonine, tyrosine and valine.		
Chondroitin Sulfate	25 mg	†
Choline (as choline bitartrate)	25 mg	†
Inositol	25 mg	†
Dimethylglycine	20 mg	†
Bioflavonoids	15 mg	†
Grape Seed Extract***	5 mg	†
Co-enzyme Q10	3 mg	†
Boron (sodium borate)	1 mg	†

* Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

*** Standardized plant extract.

OTHER INGREDIENTS: Maltodextrin (from non-GMO rice), citric acid, natural flavors (cherry, lime, mango, orange, passion fruit, peach, pineapple flavor), natural colors (purple carrot extract, grape skin extract), xanthan gum, inulin, fructose, citrus peel extract, stevia.