

# Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 120

	Amount per Serving	%DV*
Chromium (from Chromium Amino Acid Chelate)	100 mcg	83%
Bitter Melon extract (fruit)	10 mg	*
Cinnamon (bark)	200 mg	*
Ginseng (root)	50 mg	*
Gymnema extract (leaf)	30 mg	*
L-Aspartic Acid	150 mg	*
Jambolan extract (seed)	10 mg	*
Vanadium (as Vanadium Amino Acid Chelate)	200 mcg	*

\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin capsule (gelatin and water) and magnesium stearate.