

# Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 90

	Amount per Serving	%DV*
Vitamin A (as beta carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D-3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Zinc (from zinc amino acid chelate)	5 mg	33%
Selenium (from selenium amino acid chelate)	100 mcg	143%
Copper (from copper amino acid chelate)	0.5 mg	25%
Chromium (from chromium amino acid chelate)	100 mcg	83%
Proprietary Blend	200 mg	*
[L-Aspartic Acid, European Elder Fruit Extract 10:1, Blueberry Fruit Extract (contains anthocyanins), Bilberry Fruit Extract (contains anthocyanins), Vanadium (from vanadium amino acid chelate)]		

\* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

\*\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin capsule (gelatin and water), gelatin powder, magnesium silicate.