

Supplement Facts

Serving Size: 1 Soft Gel

Servings per Container: 60

| | Amount per Serving | %DV* |
|-------------------------------------------|--------------------|------|
| Calories | 9 | |
| Calories from Fat | 8 | |
| Total Fat | <1 g | 1% |
| Saturated Fat | <1 g | <1% |
| Polyunsaturated Fat | <1 g | † |
| Monounsaturated Fat | <1 g | † |
| Total Omega | 714 mg | † |
| <u>Typical Average Fatty Acid Profile</u> | | |
| Alpha Linolenic Acid (ALA) Omega 3 | 447 mg | † |
| Linoleic Acid (LA) Omega 6 | 110 mg | † |
| Oleic Acid (OA) Omega 9 | 137 mg | † |
| Gamma Linolenic Acid (GLA) | 4 mg | † |
| Docosahexaenoic Acid (DHA) | 16 mg | † |

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

† Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Flax Seed Oil, Gelatin, Glycerin, Fish Oil (Tuna), Purified Water, Borage Oil, Carob Extract, Mixed Tocopherols.