

# Supplement Facts

Serving Size: 1 fl.oz. (2 tablespoons)

Servings per Container: 32

	Amount Per Serving	%DV*
<b>Calories</b>	9	<1%
<b>Total Carbohydrate</b>	2 g	
Sugars	2 g	1%
Vitamin A (as palmitate, beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1,000 mg	1667%
Vitamin D3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopherol)	200 IU	667%
Vitamin K (as phytonadione)	30 mcg	38%
Vitamin B1 (as thiamine mononitrate)	30 mg	2000%
Vitamin B2 (as riboflavin)	30 mg	1765%
Vitamin B3 (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	30 mg	1500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Biotin	600 mcg	200%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	1500%
Calcium (as gluconate)	50 mg	5%
Iron (as gluconate)	1 mg	6%

\* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

† Daily Value not established.

	Amount Per Serving	%DV*
Magnesium (as gluconate)	20 mg	5%
Zinc (as gluconate)	2 mg	13%
Selenium (as selenium methionine)	100 mcg	143%
Copper (as gluconate)	1 mg	50%
Chromium (as amino acid chelate)	200 mcg	167%
Potassium (as citrate)	100 mg	3%
<b>Majestic Earth® Plant Derived Minerals™</b>	300 mg	†
<b>Chondroitin Sulfate</b>	250 mg	†
<b>Amino Acid Complex</b> (Alanine, Arginine, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tyrosine, Valine)	125 mg	†
<b>Choline (bitartrate)</b>	25 mg	†
<b>Inositol</b>	25 mg	†
<b>Dimethyl Glycine</b>	20 mg	†
<b>Bioflavonoids</b>	15 mg	†
<b>Grape Seed Extract</b>	5 mg	†
<b>CoEnzyme Q-10</b>	3 mg	†
<b>Boron (as amino acid chelate)</b>	1 mg	†

**OTHER INGREDIENTS:** Purified Water, Natural Vegetable Glycerine, Citric Acid, Natural Flavors Blend, Xanthan Gum, CitriSweet, Potassium Sorbate, Sodium Benzoate, Stevia, Bee Pollen.