

Nutrition Facts

Serving Size: 46 g (2 scoops)

Servings Per Container: 30

	Amount per Serving	%DV*
Calories	200	
Calories from Fat	50	
Total Fat	5 g	8%
Saturated Fat	1.5 g	7%
Cholesterol	55 mg	19%
Sodium	170 mg	7%
Potassium	250 mg	7%
Total Carbohydrate	12 g	4%
Dietary Fiber	5 g	22%
Sugars	4 g	
Protein	24 g	48%
Vitamin A	1276 IU	25%
Vitamin C	16 mg	25%
Vitamin E	8.06 IU	25%
Thiamin	.38 mg	25%
Riboflavin	.43 mg	25%

* Daily Value (DV) based on a 2,000 calorie diet for adults and children over 4 years of age. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65 g	80 g
Saturated Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	25 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

	Amount per Serving	%DV*
Niacin	5 mg	25%
Vitamin B6	.5 mg	25%
Folic Acid	100 mcg	25%
Vitamin B12	1.5 mcg	25%
Biotin	75 mcg	25%
Pantothenic Acid	2.5 mg	25%
Calcium	110 mg	10%
Iron	.86 mg	8%
Phosphorous	140.16 mg	15%
Iodine	37.5 mcg	25%
Magnesium	19.69 mg	6%
Zinc	3.75 mg	25%
Copper	.5 mg	25%
Manganese	.5 mg	25%
Chromium	34 mcg	30%

OTHER INGREDIENTS: Sta-Protein Cold Filtered Proprietary Blend (Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate, Egg White, Chia Seed), Sunflower Powder, (Chicory) Inulin, Cocoa Powder with Alkali, Natural Flavoring, Stevia Extract, Medium Chain Triglycerides, Cellulose Gum, Vitamin & Mineral Premix (Vitamin A Palmitate, Ascorbic Acid, Ferrous Sulfate, dl-Alpha Tocopheryl Acetate, Thiamine Hydrochloride, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Biotin, Calcium D-Pantothenate, Potassium Iodide, Zinc Sulfate, Copper, Amino Acid Chelate), Manganese Sulfate, Chromium Amino Acid Chelate, Sodium Chloride, Papain, Protease, Luo Han Guo extract, Lecithin (derived from soy).

CONTAINS: Milk, Egg and Soy.