Nutrition Facts

Serving Size: 3 oz (86g) Dry Mix
(Sauce & Pasta) 1 Cup Prepared
Servings Per Container: 4

Amount Per Serving

Calories 341 Calories from Fat 81

	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 670mg	**28%**
Total Carbohydrate 53g	**18%**
Dietary Fiber 4g	**16%**
Sugars 4g	
Protein 13g	

Vitamin A 8%	• Vitamin C 4%
Calcium 15%	• Iron 15%
Thiamin 34%	• Riboflavin 15%
Niacin 15%	• Folate 29%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Calories	2,000	2,500
Total Fat	Less than 65g	80g