

Supplement Facts

Serving Size: 1 Tablet

Servings per Container: 60

| | Amount per Serving | %DV* |
|---|--------------------|-------|
| Thiamin (as thiamine mononitrate) | 25 mg | 1667% |
| Riboflavin (as riboflavin) | 25 mg | 1470% |
| Niacin (as niacinamide) | 25 mg | 125% |
| Vitamin B6 (as pyridoxine hydrochloride) | 25 mg | 1250% |
| Folate (as folic acid) | 400 mcg | 100% |
| Vitamin B12 (as methylcobalamin) | 100 mcg | 1667% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid (from calcium pantothenate) | 25 mg | 250% |
| Magnesium (from magnesium glycinate) | 200 mg | 50% |
| Choline (from choline bitartrate) | 25 mg | ** |
| Inositol | 25 mg | ** |

* Percent Daily Value (DV) based on a 2,000 calorie diet for adults and children over 4 years of age.

** Daily Value not established.

OTHER INGREDIENTS: Vegetable Stearine, Cellulose, Cellulose Gum, Vegetable Stearate, Silica and aqueous cellulose coating with vanillin.