

# Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as retinyl palmitate)	1,000 IU	20%
Vitamin C (as ascorbic acid)	50 mg	83%
Vitamin E (as d $\alpha$ -tocopheryl succinate)	25 IU	83%
Vitamin B-1 (as thiamine hydrochloride)	20 mg	1,333%
Vitamin B-2 (as riboflavin)	5 mg	294%
Vitamin B-3 (as niacinamide)	25 mg	125%
Vitamin B-6 (as pyridoxine HCl)	10 mg	500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	1,000 mcg	16,667%
Biotin	1,000 mcg	333%
Magnesium (from magnesium glycinate)	10 mg	3%
Zinc (from zinc amino acid chelate)	10 mg	67%
Copper (from copper citrate)	0.250 mg	13%
Proprietary Blend	314 mg	**
Acetyl-L-Carnitine HCl, Horse Chestnut Extract, Colostrum, Taurine, Butchers Broom Root, Alpha Lipoic Acid, Betaine HCl, Quercetin.		

\* Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**OTHER INGREDIENTS:** Vegetable capsule (cellulose, water and titanium dioxide), rice flour, calcium stearate, silica.