# Supplement Facts

Serving Size: 1 Packet (4 Capsules & 1 Soft Gel) Servings per Container: 30

#### ULTIMATE™ CoQ10 PLUS™ - 1 Soft Gel

	Amount Per Serving	%DV*
Calories	7	
Calories from Fat	5	
Total Fat	0.5 g	<1%
Trans Fat	0 g	2%
Coenzyme Q-10	30 mg	**

**OTHER INGREDIENTS:** Gelatin, purified water, natural tocopherols.

## ULTIMATE™ ALA™ - 1 Capsule

	Amount Per Serving	%DV**
Alpha-Lipoic Acid	200 mg	**

**OTHER INGREDIENTS:** Gelatin (capsule), cellulose, rice flour.

### ULTIMATE™ CARDIO FX™ - 1 Capsule

Amou	ınt Per Serving	%DV*
Vitamin C (as ascorbic acid)	60 mg	100%
Niacin (as inositol hexanicotinate)	10 mg	50%
Vitamin B-6 (as pyridoxal 5 phosphate)	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	50 mcg	833%
Magnesium (as magnesium aac)	10 mg	3%
Proprietary Blend 345 mg (Taurine, Garlic bulb, Acetyl-L-Camitine, Ginkgo leaf, N-Acetyl-Cysteine, Coenzyme Q-10, Hawthom Berry)		**
*** Standardized powdered extract		

OTHER INGREDIENTS: Gelatin capsule (gelatin and water), gelatin powder.

\*\*\*\* Powdered extract

#### CELL SHIELD RTO™ - 1 Capsule

CELL SHIELD KIG	Capsule	
	Amount Per Serving	%DV**
Proprietary Blend	450 mg	**
(Quercetin Dihydrate, Turmeric Root, Re	esveratrol)	

**OTHER INGREDIENTS:** Vegetable capsule (vegetable cellulose and water), magnesium silicate, silicon dioxide, magnesium stearate, vegetable cellulose.

#### ULTIMATE™ SELENIUM - 1 Capsule

Am	ount Per Serving	%DV*
Vitamin A (as beta carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D-3 (as cholecalciferol)	200 <b>I</b> U	50%
Vitamin E (as d-alpha tocopheryl acetate	e) 30 IU	100%
Zinc (from zinc amino acid chelate)	5 mg	33%
Selenium (from selenium amino acid che	elate) 100 mcg	143%
Copper (from copper amino acid chelate)	0.5 mg	25%
Chromium (from chromium amino acid che	late) 100 mcg	83%
Proprietary Blend [L-Aspartic Acid, European Elder Fruit Extract 1 Blueberry Fruit Extract (contains anthocyanins), Bilberry Fruit Extract (contains anthocyanins), Vanadium (from vanadium amino acid chelate)]		**
*** Standardized powdered extract		

OTHER INGREDIENTS: Gelatin capsule (gelatin and water), gelatin powder, magnesium silicate.

- \* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.
- \*\* Daily Value (DV) not established.