

Nutrition Facts

Serving Size: 3.1 oz (88g) Dry Mix
(Sauce & Potatoes) 1 Cup Prepared
Servings Per Container: 4

Amount Per Serving

Calories 226 **Calories from Fat** 36

% Daily Value*

Total Fat	4g	6%
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Saturated Fat	2.5g	13%
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Trans Fat	0g	
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Cholesterol	10mg	3%
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Sodium	720mg	30%
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Total Carbohydrate	26g	9%
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Dietary Fiber	2g	8%
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Sugars	10g	
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Protein	10g	
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Vitamin A 6% • **Vitamin C** 8%

Calcium 30% • **Iron** 4%

*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs.

Calories	2,000	2,500
Total Fat	Less than 65g	80g
