SUGGESTED USE: As a dietary supplement for adults: Take 2 softgels once daily, or as directed by your healthcare professional. KEEP LID TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE.

## Supplement Facts

Serving Size: 2 Softgels Servings per Container: 30

Amount per Serving		%DV*	
Vitamin D3 (as cholecalciferol)	500 IU	125%	
Vitamin E	11 IU	37%	
(from sunflower as d-alpha tocopherol)			
lodine (from kelp)	50 mcg	33%	
Selenium (as selenomethionine from yeast)	50 mcg	71%	
Fish Oil (supplying):	1000 mg	*	
Eicosapentaenoic Acid (EPA): 330 mg			
Docosahexaenoic Acid (DHA): 220 mg			
Turmeric (95% curcuminoids)	100 mg	*	
Resveratrol (Polygonum cuspidatum)	50 mg	*	
Quercetin (as dihydrate)	25 mg	*	
Co-Enzyme Q10	20 mg	*	
Bioperine <sup>™</sup> (95% black pepper)	10 mg	*	
Garlic Oil Concentrate (500:1) (Allium sativu	<i>um</i> ) 10 mg	*	

Daily Value (DV) not established.

## **OTHER INGREDIENTS:** Fish Oil (from Anchovy, Sardines), Gelatin, Glycerin, Purified Water, Beeswax, Lecithin, Caramel Color.

WARNING: If you are pregnant, nursing, or taking any medications, consult your healthcare professional before using this or any other product. KEEP OUT OF REACH OF CHILDREN.