

Nutrition Facts

Serving Size: 2.1 oz (59g) Dry Mix

(1 Cup Prepared)

Servings Per Container: 4

Amount Per Serving

Calories 235 Calories from Fat 63

% Daily Value*

Total Fat	7g	12%
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Saturated Fat	4g	20%
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Trans Fat	0g	
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Cholesterol	15mg	5%
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Sodium	723mg	30%
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Total Carbohydrate	36g	12%
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Dietary Fiber	4g	16%
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Sugars	4g	
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Protein	5g	
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Vitamin A	2%	•	Vitamin C	50%
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Calcium	8%	•	Iron	2%
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*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs.

Calories	2,000	2,500
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Total Fat	Less than 65g	80g
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