

Nutrition Facts

Serving Size: 1 Bar (68g)

Servings per container: 1

Amount Per Serving

Calories 230

Calories from Fat 80

% Daily Value*

Total Fat 9g

14%

Saturated Fat 1g

5%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 190mg

8%

Total Carbohydrate 36g

13%

Dietary Fiber 7g

28%

Sugars 22g

Protein 9a

18%

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Dates, Clover Honey, Millet Flour, Extra Virgin Coconut Oil, Pea Protein, Kasha Seed Flour, Sun-Dried Raisins, Flax Seeds, Raw Sunflower Seeds, Sesame Seeds, Dried Cranberries, Cinnamon, Dried Apple Powder, Chia Seeds, Hemp Seeds, Raw Pumpkin Seeds, Puffed Amaranth Seeds, Sprouted Brown Rice Crisps, Natural Citric Acid, Real Sea Salt, Majestic Earth® Plant Derived Minerals.