Nutrition Facts

Serving Size: 1.3 oz (36g) Dry Mix (1 Cup Prepared)

Servings Per Container: 4

Amount Per Serving

Calories 70 Calories from Fat 5

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%
Trans Fat 0g

 Cholesterol 0mg
 0%

 Sodium 630mg
 26%

 Total Carbohydrate
 15g
 5%

 Dietary Fiber 2g
 8%

 Sugars 1g
 1g

Protein 2g

Vitamin A 22% • Vitamin C 9%

Calcium 2% • Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.

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 Calories
 2,000
 2,500

 Total Fat
 Less than 65g
 80g