

Nutrition Facts

Serving Size 22 g

Serving Per Container 30

Amount Per Serving

Calories 60

Calories from Fat 20

%DV*

Total Fat 2 g **3%**

Saturated Fat 1 g **5%**

Trans Fat 0 g **0%**

Cholesterol 0 g **0%**

Sodium 200 mg **8%**

Potassium 830 mg **25%**

Total Carbohydrate 5 g **2%**

Dietary Fiber 5 g **20%**

Sugars 1 g

Protein 5 g **10%**

Vitamin A 40% • Vitamin C 50%

Calcium 40% • Iron 40%

Vitamin D 50% • Vitamin E 50%

Thiamin 50% • Riboflavin 50%

Niacin 50% • Vitamin B6 50%

Folic Acid 50% • Vitamin B12 50%

Pantothenic Acid 50% • Magnesium 50%

Selenium 50%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs