

Nutrition Facts

Serving Size: 46 g (2 scoops)

Servings Per Container: 30

Amount per Serving			%DV*	Amount per Serving			%DV*
Calories		200		Niacin	5 mg	25%	
Calories from Fat		50		Vitamin B6	.5 mg	25%	
Total Fat	6 g	9%		Folic Acid	100 mcg	25%	
Saturated Fat	1.5 g	7%		Vitamin B12	1.5 mcg	25%	
Cholesterol	55 mg	19%		Biotin	75 mcg	25%	
Sodium	170 mg	7%		Pantothenic Acid	2.5 mg	25%	
Potassium	190 mg	5%		Calcium	110 mg	10%	
Total Carbohydrate	12 g	4%		Iron	.86 mg	8%	
Dietary Fiber	5 g	22%		Phosphorous	140.16 mg	15%	
Sugars	3 g			Iodine	37.5 mcg	25%	
Protein	24 g	48%		Magnesium	19.69 mg	6%	
Vitamin A	1276 IU	25%		Zinc	3.77 mg	25%	
Vitamin C	16 mg	25%		Copper	.5 mg	25%	
Vitamin E	8.06 IU	25%		Manganese	.5 mg	25%	
Thiamin	.38 mg	25%		Chromium	30 mcg	25%	
Riboflavin	.43 mg	25%					

* Daily Value (DV) based on a 2,000 calorie diet for adults and children over 4 years of age. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65 g	80 g
Saturated Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

OTHER INGREDIENTS: Sta-Protein Cold Filtered Proprietary Blend (Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate, Egg White, Chia Seed), Sunflower Powder, (Chicory) Inulin, Natural Flavoring, Stevia Extract, Medium Chain Triglycerides, Cellulose Gum, Vitamin & Mineral Premix (Vitamin A Palmitate, Ascorbic Acid, Ferrous Sulfate, dl-Alpha Tocopheryl Acetate, Thiamine Hydrochloride, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Biotin, Calcium D-Pantothenate, Potassium Iodide, Zinc Sulfate, Copper, Amino Acid Chelate), Manganese Sulfate, Chromium Amino Acid Chelate, Sodium Chloride, Papain, Protease, Luo Han Guo extract, Lecithin (derived from soy).

CONTAINS: Milk, Egg and Soy.