Serving Size: 2 Capsules Servings per Container: 60		
	Amount per Serving	%DV*

Facts

500 IU

230 ma

Magnesium (from magnesium amino acid chelate) 40 mg Zinc (from zinc amino acid chelate) 3 mg Potassium (from potassium citrate) 80 ma

Boron (from boron amino acid chelate) 1.5 ma Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin capsule (gelatin, water), vegetable stearate, silicon dioxide, magnesium silicate.

Calcium (from tri-calcium phosphate, citrate)

Sunnlement

Vitamin D-3 (as cholecalciferol)