

Nutrition Facts

Serving Size: 2 oz (57g) Dry Mix

Servings Per Container: 8

Amount Per Serving

Calories 145 **Calories from Fat** 9

% Daily Value*

Total Fat	1g	2%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	12mg	1%
Potassium	400mg	11%
Total Carbohydrate	36g	11%
Dietary Fiber	3g	12%
Sugars	11g	

Protein 1g

Vitamin A 10% • Vitamin C 20%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs.

Calories	2,000	2,500
Total Fat	Less than 65g	80g
