

Nutrition Facts

Serving Size: 2 oz (55g) Dry Mix

(1 Cup Prepared)

Servings Per Container: 4

Amount Per Serving

Calories 90 **Calories from Fat** 5

% Daily Value*

Total Fat	0.5g	1%
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Saturated Fat	0g	0%
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Trans Fat	0g	
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Cholesterol	0mg	0%
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Sodium	770mg	32%
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Total Carbohydrate	15g	5%
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Dietary Fiber	4g	16%
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Sugars	2g	
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Protein	6g	
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Vitamin A	2%	•	Vitamin C	4%
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Calcium	2%	•	Iron	10%
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*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs.

Calories	2,000	2,500
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Total Fat	Less than 65g	80g
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