

Supplement Facts

Serving Size: 20 grams (2 scoops)

Servings Per Container: 30

	Amount per Serving	% DV*
Calories	70	
Calories from Fat	22	
Total Fat	2.5 g	4%
Cholesterol	10 mg	3%
Sodium	40 mg	2%
Potassium	60 mg	2%
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	10 g	20%
Vitamin A (Vitamin A Palmitate)	1250 IU	25%
Vitamin C (Ascorbic Acid)	15 mg	25%
Calcium (Calcium Phosphate)	200 mg	20%
Iron (Ferric Orthophosphate)	3.6 mg	20%
Vitamin D (Vitamin D3)	100 IU	25%
Vitamin E (D-Alpha Tocopheryl Acetate)	7.5 IU	25%
Vitamin B1 (Thiamine Hydrochloride)	375 mcg	25%

	Amount per Serving	% DV*
Vitamin B2 (Riboflavin)	425 mcg	25%
Vitamin B3 (Niacinamide)	5 mg	25%
Vitamin B6 (Pyridoxine Hydrochloride)	500 mcg	25%
Folate (Folic Acid)	100 mcg	25%
Vitamin B12 (Methylcobalamin)	1.5 mcg	25%
Biotin	75 mcg	25%
Pantothenic Acid (D-Calcium Pantothenate)	2.5 mg	25%
Vitamin K1	20 mcg	25%
Phosphorus (Calcium Phosphate, Magnesium Phosphate)	120 mg	12%
Magnesium (Magnesium Phosphate, Magnesium Oxide)	80 mg	20%
Zinc (Zinc Citrate)	3 mg	20%
Copper (Copper Gluconate)	400 mcg	20%
Molybdenum (Molybdenum Amino Acid Chelate)	22.5 mcg	30%
Selenium (Selenomethionine)	21 mcg	30%
Chromium (Chromium Amino Acid Chelate)	24 mcg	20%

* Daily Value (DV) based on a 2,000 calorie diet for adults and children over 4 years of age.

OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Cream Powder, Natural Flavors, Cocoa Powder, Fructooligosaccharide, Milk Protein Isolate, Guar Gum, Xanthan Gum, Cellulose Gum, Silica.