

# Supplement Facts

Serving Size: 1 fl.oz. (2 tablespoons)

Servings per Container: 32

	Amount Per Serving	% DV*			
<b>Calories</b>	40		<b>Iron (as gluconate)</b>	4 mg	22%
Calories from Fat	0		<b>Magnesium (as citrate, gluconate)</b>	300 mg	75%
<b>Total Fat</b>	0 g		<b>Zinc (as gluconate)</b>	15 mg	100%
Saturated Fat	0 g		<b>Selenium (as L-selenium methionine)</b>	100 mcg	143%
Cholesterol	0 mg		<b>Copper (as gluconate)</b>	1 mg	50%
<b>Total Carbohydrate</b>	9 g	2%	<b>Manganese (as gluconate)</b>	5 mg	250%
Dietary Fiber	0 g		<b>Chromium (as amino acid chelate)</b>	200 mcg	167%
Sugars	9 g		<b>Sodium</b>	0 g	
<b>Vitamin A (as beta carotene, palmitate)</b>	10,000 IU	200%	<b>Potassium (as citrate)</b>	100 mg	3%
<b>Vitamin C (as ascorbic acid)</b>	1,000 mg	1667%	<b>Choline (as bitartrate)</b>	30 mg	†
<b>Vitamin D3 (as cholecalciferol)</b>	200 IU	50%	<b>Inositol</b>	30 mg	†
<b>Vitamin E (as d-alpha tocopheryl)</b>	200 IU	667%	<b>Boron (as amino acid chelate)</b>	1 mg	†
<b>Vitamin K1 (phytonadione)</b>	30 mcg	38%	<b>Amino Acid Complex</b>	125 mg	
<b>Vitamin B1 (as thiamine mononitrate)</b>	30 mg	2000%	(Proprietary Formula: alanine, arginine, aspartic acid, cystine, glutamic acid, glycine, histidine, isoleucine, leucine, lysine, methionine, phenylalanine, proline, serine, threonine, tyrosine, valine)		
<b>Vitamin B2 (as riboflavin)</b>	30 mg	1765%	<b>Grape Seed Extract</b>	25 mg	†
<b>Vitamin B3 (as niacinamide)</b>	30 mg	150%	<b>CoEnzyme Q-10</b>	5 mg	†
<b>Vitamin B6 (as pyridoxine HCl)</b>	30 mg	1500%	<b>Dimethyl Glycine</b>	25 mg	†
<b>Folate (as folic acid)</b>	400 mcg	100%	<b>Paba (as Para amino benzoic acid)</b>	30 mg	†
<b>Vitamin B12 (as cyanocobalamin)</b>	500 mcg	8333%	<b>Citrus Bioflavonoids</b>	13 mg	†
<b>Biotin</b>	300 mcg	100%	<b>GDL (as glucono delta lactone)</b>	150 mg	†
<b>Pantothenic Acid (as d-calcium pantothenate)</b>	150 mg	1500%	<b>Plant Derived Minerals</b>	600 mg	†
<b>Calcium (as tricalcium phosphate, citrate, gluconate)</b>	600 mg	60%			
<b>Phosphorus (from tricalcium phosphate)</b>	80 mg	7%			

\* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Purified Water, Plant Derived Minerals, Natural Vegetable Glycerine, CitriSweet, Sodium Erythorbate, Citric Acid, Malic Acid, Natural Flavors Blend, Xanthan Gum, Stevia, Sodium Benzoate, Potassium Sorbate.