## Supplement Facts

Serving Size: 6 Capsules Servings Per Container: 30

	Amount Per Serving	%DV**
Vitamin B6 (as pyridoxine hydrochloride)	6 mg	300%
Vitamin B-12 (as cyanocobalamin)	60 mcg	1000%
Calcium (from calcium glycinate)	4.2 mg	<1%
ron (from iron glycinate)	0.06 mg	<1%
odine (from potassium iodide)	120 mcg	80%
Magnesium (from magnesium glycinate)	3.3 mg	<1%
Zinc (from zinc glycinate)	0.027 mg	<1%
Selenium (from Selenium sulfate)	3 mcg	4%
Copper (from copper glycinate)	0.0024 mg	<1%
Manganese (from manganese glycinate)	1.6 mg	80%
Chromium (from chromium glycinate)	102 mcg	85%
Molybdenum (from molybdenum glycinate)	0.9 mcg	1%
Potassium (from potassium chloride)	128.4 mg	4%
Arginine (as I-arginine hydrochloride)	300 mg	**
Glutamine (as I-glutamine)	300 mg	**
Glycine (as I-glycine)	300 mg	**
Lysine (as Hysine monohydrate hydrochloride	) 300 mg	**
Ornithine (as I-omithine hydrochloride)	300 mg	**
Tyrosine (as I-tyrosine)	300 mg	**
GABA (gamma-aminobutyric acid)	150 mg	**
Vanadium (from vanadyl sulfate)	0.785 mcg	**
** Daily Value (DV) not established.		

OTHER INGREDIENTS: Gelatin capsule (gelatin and water), Rice Flour, Magnesium Stereate (vegetable source), Silicon Dioxide.