

Supplement Facts

Serving Size: 1 Soft Gel

Servings per Container: 90

	Amount per Serving	%DV*
Calories	12	
Calories from Fat	11	
Total Fat	1 g	2%
Saturated Fat	<1 g	<1%
Polyunsaturated Fat	<1 g	**
Monounsaturated Fat	<1 g	**
Cholesterol	3 mg	1%
Total Omega	827 mg	**
<u>Typical Average Fatty Acid Profile</u>		
Alpha Linolenic Acid (ALA) Omega 3	300 mg	**
Linoleic Acid (LA) Omega 6	103 mg	**
Oleic Acid (OA) Omega 9	120 mg	**
Gamma Linolenic Acid (GLA)	19 mg	**
Eicosapentaenoic Acid (EPA)	171 mg	**
Docosahexaenoic Acid (DHA)	114 mg	**

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

** Daily Value (DV) not established.

OTHER INGREDIENTS: Fish Oil (Anchovy, Sardines, or Pollock), Organic Flax Seed Oil, Gelatin, Glycerin, Borage Seed Oil, Purified Water, Sunflower Oil, Mixed Tocopherols.